

CERTIFICATE OF COMPLETION

This is to certify that

Saverio Tomasella

Has successfully completed the training

Applied Polyvagal Theory in Yoga: simple practices to enhance wellbeing

offered through Polyvagal Institute.

Stephen Porges

Stephen Porges, Ph.D.
PVI Founding Member

Randall Redfield

Randall Redfield
PVI Executive Director

Issued: 2026-01-31

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